

# 2008 Aetna participating provider precertification list\*

Applies to: Aetna Choice®, Aetna Choice® POS II, Aetna Golden Choice™ Plan, Aetna Golden Medicare Plan®, Aetna Golden Medicare Open Access®, Aetna Golden Medicare Dual Advantage Plan, Aetna Golden Choice Care Advantage, all Aetna HealthFund® products, Aetna Health Network Only<sup>SM</sup>, Aetna Health Network Option<sup>SM</sup>, Aetna Open Access® Elect Choice®, Aetna Open Access® HMO, Aetna Open Access® Managed Choice®, Open Access Aetna Select<sup>SM</sup>, Elect Choice®, HMO, Managed Choice® POS, Open Choice®, Quality Point-of-Service® (QPOS®) and USAccess® benefits plans and all products that may include the Aexcel® networks and include the designation Aexcel or Aexcel Plus®\*\*

## 1. Inpatient confinements

- Surgical and non-surgical, excluding vaginal or Caesarean deliveries
- Skilled nursing facility
- Rehabilitation facility
- Inpatient hospice (except Medicare)
- Observation stays greater than 23 hours

## 2. Reconstructive procedures that may be considered cosmetic

- Blepharoplasty/canthopexy/canthoplasty
- Excision of excessive skin due to weight loss
- Rhinoplasty/rhytidectomy
- Gastroplasty/gastric bypass
- Pectus excavatum repair
- Breast reconstruction/breast enlargement
- Breast reduction/mammoplasty
- Surgical treatment of gynecomastia
- Lipectomy or excess fat removal
- Sclerotherapy or surgery for varicose veins

## 3. Artificial lumbar and cervical disc surgery

## 4. Lumbar spinal fusion surgery

## 5. Uvulopalatopharyngoplasty, including laser-assisted procedures

## 6. Orthognathic surgery procedures, bone grafts, osteotomies and surgical management of the temporomandibular joint

## 7. Dental implants and oral appliances

## 8. Elective (non-emergent) transportation by ambulance or medical van, and all transfers via air ambulance

## 9. The following conditionally eligible services\*\*\*

- Stereotactic radiosurgery
- Somatosensory evoked potential studies
- Cognitive skills development
- Hyperbaric oxygen therapy
- Osteochondral allograft/knee
- Cochlear device and/or implantation
- Osseointegrated implant
- Percutaneous implant of neuroelectrode array, epidural
- GI tract imaging through capsule endoscopy
- Botox injections — botulinum toxin type A

- Alpha 1-proteinase inhibitor — human

- Negative pressure wound therapy pump
- High-frequency chest wall oscillation generator system

## 10. Medical injectables

- Synagis, call 1-866-503-0857
- Darbeoetin alpha (Aranesp) and epoetin alpha (Epogen and Procrit), call 1-866-503-0857
- Intravenous immunoglobulin (IVIG)
- Growth hormone
- Blood-clotting factors
- Interferons when used for hepatitis C
  - >Pegasys®
  - >Peg Intron®
  - >Rebetron®
  - >Roferon A®
  - >Intron A®
  - >Infergen®

\*The term precertification here means the utilization review process to determine whether the requested service, procedure, prescription drug or medical device meets the company's clinical criteria for coverage. It does not mean precertification as defined by Texas law, as a reliable representation of payment of care or services to fully insured HMO and PPO members.

\*\*Not all plans are offered in all service areas. Precertification is required when Aetna is secondary payer.

\*\*\*All services deemed "never effective" are excluded from coverage. Aetna defines a service as "never effective" when it is not recognized according to professional standards of safety and effectiveness in the United States for diagnosis, care or treatment. Visit the secure website, available through [www.aetna.com](http://www.aetna.com), for more information. Select "Claims," "CPT/HCPCS Coding Tool," "Clinical Policy Code Lookup."

**11. All home health care services, including home uterine monitoring**

**12. Selected durable medical equipment**

- Electric or motorized wheelchairs and scooters
- Clinitron and electric beds
- Limb prosthetics
- Customized braces

**13. In-network level of benefits for nonparticipating physicians and providers for non-emergent services,<sup>†</sup> only when there is an identified network deficiency (this category does not apply to Open Choice members)**

**14. Special programs**

- To precertify mental health or substance abuse services, see member's ID card
- Beginning Right<sup>SM</sup> Maternity Program, including genetic testing, antenatal testing, perinatal consultations and counseling: 1-800-272-3531
- BRCA genetic testing: 1-877-794-8720
- Infertility Program: 1-800-575-5999
- Pre-implantation genetic testing: 1-800-575-5999

- National Medical Excellence Program<sup>®</sup>: 1-877-212-8811 for all major organ transplant evaluations and transplants including, but not limited to, kidney, liver, heart, lung and pancreas, and bone marrow replacement or stem cell transfer after high-dose chemotherapy
- (Where applicable) For all members (with plans applicable to this precert list): Outpatient imaging precertification for CTs, coronary computed tomographic angiography, MRI/MRA, nuclear cardiology, PET scans through regional-specific managed service organizations (MedSolutions, Care Core National and National Imaging Associates)
- (Where applicable) For HMO-based plan members only: Chiropractic therapy precertification through regional-specific managed service organizations (American Chiropractic Network, American Specialty Health and Triad)
- (Metro NY/Northern NJ) For HMO-based plan members only: Outpatient physical and occupational therapy precertification through Orthonet at 1-800-771-3205

**Additional assistance and information**

- Electronic submission of precert requests and inquiries is preferred; call our Provider Service Center for confirmation of member benefits and eligibility
  - >For HMO-based benefits plans, call 1-800-624-0756
  - >For indemnity and PPO-based benefits plans, call 1-888-632-3862
- Visit Clinical Policy Bulletins [www.aetna.com/cpb/cpb\\_menu.html](http://www.aetna.com/cpb/cpb_menu.html) and DocFind<sup>®</sup> [www.aetna.com/docfind/DocFind?this\\_page=enter\\_welcome.jsp&site\\_id=provider](http://www.aetna.com/docfind/DocFind?this_page=enter_welcome.jsp&site_id=provider)
- Contact Aetna Pharmacy Management at 1-800-414-2386 for precertification of oral medications only
- Call 1-866-782-2779 for information on injectable medications not listed
- Precertification approvals are valid for six months in all states

<sup>†</sup>All products that include Aetna HealthFund, Aexcel Plus products, Aetna Health Network Option products, Aetna Choice, Choice POS II, Golden Choice Plan, Open Access Managed Choice, QPOS and USAccess benefits plans may include the option for members to elect to go outside the network and receive reduced benefits.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health Inc.; Aetna Health of California Inc.; Aetna Health of the Carolinas Inc.; Aetna Health of Illinois Inc.; Aetna Life Insurance Company; Aetna Health Insurance Company of New York; Aetna Health Insurance Company; Aetna Health Management, LLC; Aetna Health Administrators, LLC; PPOM, LLC; Sloan's Lake Management Corp; and Strategic Resource Company. Aetna Pharmacy Management refers to an internal business unit of Aetna Health Management, LLC (Aetna).

